

InjuryNET's 6 Guiding Stay at Work/ Return to Work Principles



- Stay at work / Return to work is the central goal of clinical management
- Time off work should only be certified when medically necessary
- Staying at work prevents the development and/or worsening of psychosocial issues
- Medical certificates must be clear, specific and demonstrate progress
- Effective communication and teamwork are critical
- Clinical management must be based on evidence